

3967 Presidential Pkwy
Powell, OH 43065
(614)-792-2582

www.thebounceclub.com



CHEERLEADING



TBC TEAM EVALUATIONS



The Bounce Club Stars is a competitive cheerleading program for ages 5 to 14. At TBC we believe in pushing our girls to their highest potential. We pride ourselves on our ability to teach skills and develop talent. We are dedicated to preparing girls for the future beyond the world of All-Star cheerleading. You have a place in our program no matter what experience or tumbling skills you have. Please feel free to contact us for more details or if you have any questions at trisha@thebounceclub.com.

- **Tryout Clinic:**
 - Wednesday April, 27th 5:30pm - 7:00pm \$30.
 - Coach Trisha will be teaching cheer, dance, and jumps.
 - Saturday April, 30th 9:30am - 12:00pm \$40.
 - Coach Duane will be teaching any optional strong tumbling passes, and jump clean up. (optional)

Sunday, May 1st, 9:00am - 12:00pm

- **Evaluation Day** & times by **age** group:
 - 5-8 at 9:00am -10:30am
 - 9+ at 10:30am -12:00pm
 - \$30 per athlete including cost of clinic and a t-shirt
 - Evaluating tumbling, dance (Levitating), sideline (will learn at clinic), jumps, overall appearance, attitude.
 - What to wear: Clinic t-shirt, black shorts, white shoes, white socks, bow in high ponytail, no jewelry.

*** If you can't make it please speak to Coach Trisha for other arrangements ***

*** Teams will be announced by May, 6th, and practices will start week of May, 9th ***



Weekly Cheer Classes:

Mondays:

- Ages 3-4 at 4:45pm - 5:30pm September - April
 - \$110 - 8 sessions
 - T-shirt \$30
- Ages 5-8 at 5:30pm - 6:30pm September - April
 - \$159 - 8 sessions
 - T-shirt \$30
- Cheer Prep N Tumble:
 - 8:00pm - 9:00pm
 - Ages 10 and up



Tuesdays:

- Stretch Class:
 - 5:00pm - 6:00pm
 - \$15 each class



Wednesdays:

- Drop In Cheer Prep Class through may:
 - 5:00pm - 6:00pm
 - \$15 each time
 - Middle School - High School



Fridays:

- Tumbling Level 1: 4:30pm - 5:30pm
 - cartwheels, roundoffs, bridge, handstand bridge
- Tumbling Level 2: 5:30pm - 6:30pm
 - back walkover, running back walkover, working towards handspring, standing handspring
- Tumbling Level 3: 6:30pm - 7:30pm
 - handspring, working tucks, working layouts, standing tuck



Class Schedule